

FEBRUARY

NORWALK CATHOLIC

MONDAY **TUESDAY** WEDNESDAY FRIDAY **THURSDAY** Muffin Sausage Gravy Donut Strawberry Cream Cheese Bagel Egg & Potato Boat Fruit Smoothie **Biscuit** Fruit Fruit Fruit Fruit Fruit 100% 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Fruit Juice Milk Milk Milk Milk Milk 11 12 13 14 **Poptarts** Banana Bread Breakfast Pizza Waffles Donut Yogurt Fruit Fruit Fruit Fruit Fruit 100% Fruit Juice Milk Milk Milk Milk Milk 20 19 21 18 Fruit & Yogurt Parfait Cinnamon Roll Breakfast Burrito **Donuts** Fruit Fruit Fruit Fruit **NO SCHOOL** 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Milk Milk Milk Milk 25 26 27 28 Sausage Gravy Muffin Strawberry Cream Cheese Bagel Egg & Potato Boat Donut Fruit Smoothie **Biscuit** Fruit Fruit Fruit Fruit Fruit 100% Fruit Juice Milk Milk Milk Milk Milk

2nd option

Breakfast

Cereal Graham Cracker Fruit Fruit Juice Milk